

What is KinderFlute™?



KinderFlute™ is an innovative and research-based approach to music instruction created by flutist, Kathy Blocki. Key aspects of KinderFlute lessons and classes are:

- ***The incorporation of active movement.*** Research shows that physical exercise supports neurogenesis – the brain’s ability to produce neurons. Exercise facilitates neurogenesis, brain development, and thus one’s ability to learn. KinderFlute incorporates a great deal of high-energy movement for this reason.
- ***Emphasis on learning through games and fun activities.*** Children learn best and will stick with musical study when they are having fun!
- ***Emphasis on developing flexibility in order to produce a beautiful, in-tune sound.*** Typically, beginners remain in the low and mid-range notes for nine or more months and very often find it tough to transition to high notes because of rigid muscle development. With KinderFlute, children learn to play with ease in both the low and high range early on with headjoint tunes and the use of the Pneumo-Pro wind director (invented by Kathy Blocki). This, along with other fun and creative activities, aids the development of flexibility and a rich, pleasing tone. Children **enjoy** playing with a lovely tone in an expanded range and their rapid progress helps build a sense of accomplishment and confidence.
- ***Deep learning of fundamental musical structures and patterns.*** Through a variety of songs, games, and activities, children learn basic five-note patterns at an early age and thus begin developing strong aural skills and an understanding of music theory without even knowing it! Similarly, children learn rhythmic patterns in a progressive, systematic manner. This lays a strong foundation for a deeper appreciation and understanding of music.



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